
Sleep Disorders

American Association for Healthy Sleep

<https://www.sleepallies.org/about.php>

The American Alliance for Healthy Sleep (AAHS) is a 501(c)4 membership organization dedicated to partnering patients with sleep disorders, providers and the public to improve the lives of patients with sleep disorders and highlight the importance of healthy sleep.

National Sleep Foundation

www.sleepfoundation.org

National nonprofit organization that works to improve public health and safety by promoting public understanding of sleep and sleep disorders. Supports sleep-related education, research, and advocacy produces and distributes educational materials to the public and healthcare professionals and offers postdoctoral fellowships and grants for sleep researchers.

Sleep Disorders

www.sleepapnea.org

American Sleep Apnea Association Provides information about sleep apnea to the public, publishes a newsletter, and serves as an advocate for people with the disorder.

American Academy of Sleep Medicine's Sleep Education

sleepeducation.org

An educational resource from the professional association of sleep medicine doctors.

Narcolepsy Network

www.narcolepsynetwork.org

National nonprofit organization that sponsors education, awareness, and support programs.

Restless Legs Syndrome Foundation

www.rls.org

Provides educational materials on restless legs syndrome and related disorders and supports medical research into the cause and cure for the disorder.

Iron Disorders Institute

www.irondisorders.org

National public interest organization that aids in the prevention and treatment of disease caused when iron is out of balance in the human body. Offers a number of education, awareness, advocacy, and research programs

NBIA Disorders Association

www.nbiadisorders.org

Supports individuals and their families affected by Neurodegeneration with Brain Iron Accumulation. There are currently 11 different rare, genetic, neurological disorders under the NBIA umbrella that share the common feature of iron accumulation in the brain, along with a progressive movement disorder.